

# 10 ways to Help

The Julian Center is a nonprofit agency providing counseling, safe shelter, and education for survivors of domestic violence, sexual assault, and other life crises. Through outreach and consultation, we also seek to educate the community about the issue of domestic violence and its impact on all our lives.

Our programs and services are designed to contribute to a significant reduction in the incidence of domestic violence and sexual assault, to support survivors in healing, and to help break the intergenerational cycle of abuse.



**The Julian  
Center**

The Julian Center  
2011 N. Meridian St.  
Indianapolis, IN 46202  
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Administration 317.941.2200  
Counseling Center 317.924.7010  
Shelter 317.920.9320  
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*Working today for a safer tomorrow*

# 10 Ways to Help Survivors and their Children

1. **Monetary Contribution:** Gifts in any amount are welcome; matching gifts may be available through employers.
2. **Wish List:** Shop our online Wish List to help address the immediate needs of our clients; especially our mothers.
3. **Food Pantry:** Organize a drive at work or in your neighborhood to collect nonperishable food items.
4. **Cell Phone Drive:** Organize a drive to collect old cell phones to be recycled for emergency "911" use.
5. **Volunteer:** Lend your time and talents and plug into countless opportunities to help others.
6. **Adopt-A-Need:** Choose to fund a need for a week, month, or year for a woman or family in crisis.
7. **Thrifty Threads:** Donate your gently used clothing, shoes, household goods and furniture to our donation center..
8. **Help The Julian Center go paperless.** Sign up today to receive Julian Center news alerts and other important information at [www.juliancenter.org/GoGreen](http://www.juliancenter.org/GoGreen).
9. **Vehicle Donation:** Donate your unused or used vehicle to help a resident in need of reliable transportation.
10. **Silent Auction Item:** Donate merchandise, gift certificates and other gifts for our fundraising events.

**Please visit [www.juliancenter.org](http://www.juliancenter.org) for more information.**